



COURSE:
Sport Wrapping & Taping – Level 1

Dates/Times	Location	Course Fee	Course Code	Notes
Sat: April 26	Heron C.C. 613-580-2854	\$101.25	349561	Participants must be 16+ years of age
Sat: Jun 14	Ben Franklin Place 613-580-2854	\$101.25	349563	Participants must be 16+ years of age

COURSE DESCRIPTION:

This is a hands-on workshop in which participants learn how to prevent, assess and care for common sports injuries with the proper use of taping and wrapping techniques. Taping & Wrapping manual, Sport First Aid kit, all materials and a letter of completion included. Designed by the Sport Alliance of Ontario and taught by a Certified Athletic Therapist.

TO REGISTER:
Call 613-580-2854