



## **SAHA ELITE – Junior Badminton Summer Camp 2025**

Join SAHA ELITE for an exciting Summer Camp Badminton Program designed for youth of all skill levels! This dynamic program blends engaging Badminton drills, friendly competitions, and fun workouts to keep young athletes active while improving their techniques.

### **Badminton Summer Camp Details:**

Our main focus would be fitness, Agility, Cardio, Footwork, badminton techniques, Different drills and fun games.

There will be a mini tournament every week (Friday) and winners & Finalists will get prizes (McDonald or Tim Horton Gift Cards)!

**Capacity: 24 Participants (6 Courts)**

**Venue: Sir Robert Borden High School – 131 Greenbank Rd, Nepean, ON K2H 8R1**

**Week of July 28 – August 01 (Mon-Fri) – Venue Confirmed**

**Week of August 05 – August 8 (Tue-Fri) – Venue Confirmed**

**Week of August 11 – August 15 (Mon-Fri) – Venue Confirmed**

**Venue: Stittsville Public School, 40 Granite Ridge Dr, Stittsville, ON K2S**

**Week of July 14 - July 18 (Mon-Fri) Confirmed at Stittsville Public School.**

### **Camp Activities:**

**Fitness: Stretching, Running, Agility, Cardio and Footwork (Basic and Advanced)**

**Drills: Beginner's Drills, Advanced Drills, Defense, Offense, Technique, Game Strategies, Game Analysis, Sparring, Fun games and MINI tournament on every Friday.**

**Fees: \$420 /Week (5days).**

**Week 5: \$350 (4 days).**

**Discounts available for groups or multiple week registration. Ask for details by email.**

**Skill Levels: ☐ Beginners | ☐ Intermediate | ☐ Advanced**

**Don't miss this opportunity for an action-packed Summer Camp! Secure your spot today.**

**Registration Link: <https://forms.gle/kC4HFNf2sYMdvFbJ8>**

**Website link: <https://sahaelite.com/summercamp2025.php>**

**Please read the details on the web before you register.**

**Volunteers: We are looking for a few Volunteers. If anyone is interested and looking for Volunteers hours (HP1 level Youths), please apply here: [Volunteer Application Form](#)**